



Harkány



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Why Harkány?

Harkány is a health resort famous all over Europe, located in the southwestern part of Hungary, 25 km from Pécs, and 15 km from the Pogány Airport. It is situated at the foot of the Villány mountains, protected from the north winds, in a picturesque setting.

It is a unique feature of the region that the mild, humid air coming from the Mediterranean Sea and the protective effects of



the mountains result in a sub-Mediterranean climatic effect. Mild winters, early springs, hot summers, long autumns, and the number of sunny hours is very high in the region. Due to the Mediterranean air, rare plant communities can be found here, which are otherwise native to the immediate vicinity of the Mediterranean Sea.

However, it isn't primarily its pleasant climate that makes Harkány such an attractive tourist destination. In the first half of the 19th century, a natural resource was found here by chance, which had been hiding undetected in the depths of the earth since prehistoric times. The utilization of the water from Harkány for musculoskeletal

Clinical studies has been carried out by the Spa and Balneological Hospital in collaboration with the theoretical institutes of the University of Pécs, in accordance with the requirements of evidence based medicine, which confirmed the previous empirical data. The competent medical authority accredited the special healing effects of the thermal water of Harkány in compliance with European Union standards

healing has an almost 200-year-old history, since visiting patients were being cured here with medical supervision as early as the mid 1800s.

The spa, which began to develop in the 1950s, and the rheumatism hospital founded in 1955 established the professional medical foundations of musculoskeletal rehabilitation. The physicians working in the hospital later discovered the sulphurous water's mitigating effect on the symptoms of psoriasis, as well as its medical effects on chronic gynaecological inflammations. Their findings are supported by the fact that tens of thousands of patients have been healed and become symptom-free in the last 50 years.

About the mineral water of Harkány

The mineral water unique in Europe bursts to the surface from as deep as 50-70 m, with an average temperature of 62.5°C. Its mineral content is about 1000 mg per litre. From a medical point of view, its most important component is carbon sulphide, which is under pressure, dissolved in water in a gaseous state. When it surfaces and is released from pressure, it begins to decompose into hydrogen sulphide gas - which gives the characteristic scent of the thermal water of Harkány. The carbon sulphide is very actively absorbed into the body both through the skin and by inhalation: its absorption rate is 150 times that of other, more prevalent sulphuric compounds (sulphates).

Due to its unique properties, it is suitable for treating musculoskeletal, rheumatologic, dermatological and gynaecological

Description		Thermal water well No. IV/a	
Year of establishment		1989	
Depth [m]		75	
Year and number of recognized curative and mineral water qualification		57/GYJ/1993	
Temperature [°C] (effluent)		62,6	
Water Chemistry Data (2009, IV/a-2010)		mg/l	Than's%
Potassium	K ⁺	18,3	4,16
Sodium	Na ⁺	167	64,25
Ammonium	NH ₄ ⁺	1,96	0,97
Calcium	Ca ²⁺	53	23,45
Magnesium	Mg ²⁺	9,5	6,99
Iron	Fe ²⁺	0,03	0,00
Manganese	Mn ²⁺	0,00	0,00
Lithium	Li ⁺	0,17	0,18
The amount of cations		250	100,00
Nitrate	NO ₃ ⁻	0,00	0,00
Nitrite	NO ₂ ⁻	0,00	0,00
Chloride	Cl ⁻	108	23,26
Bromide	Br ⁻	0,00	0,00
Iodide	I ⁻	0,18	0,00
Fluoride	F ⁻	1,31	0,54
Sulphate	SO ₄ ²⁻	0,00	0,00
Hydrogen carbonate	HCO ₃ ⁻	549	68,86
Sulphide	S ²⁻	15,4	7,35
The amount of anions		674	100,00
Silicic acid	H ₂ SiO ₃	111	-
Free carbon dioxide	CO ₂	175	-
Dissolved oxygen	O ₂	not detectable	
Total dissolved mineral content		970	

The Harkány Psoriasis Centre (HPC)

The leading healthcare and tourist service providers of Harkány city joined forces in a unique manner in order to create a new medical tourism product by unifying their individual facilities. As a result, the Harkány Psoriasis Centre was established, which focused its activities on relieving the symptoms of psoriasis, as well as on musculoskeletal and gynaecological rehabilitation.

The HPC, as a central service provider, collects the therapy-, rehabilitation-, tourism- and gastronomy- related requirements of the patients and their companions registering for psoriasis treatment, and it also provides appropriate care and accommodation.

The Psoriasis Centre compiles personalized health services and tourism packages from the services provided by its partners, thus offering a well-arranged, organized and complex product for foreign and domestic visitors.

Almost the full range of patients suffering from psoriasis or in need of gynaecological and musculoskeletal rehabilitation will find relief in the Harkány Psoriasis Centre, in a civilized, family-friendly atmosphere, all combined with relaxation and recreation.

About the treatments

Psoriasis, based on our present knowledge, cannot be cured permanently. Due to the nature of the disease, patients require life-long, intermittent dermatology care (in case of complications in the joints, rheumatologic treatment as well) – combined with inpatient care from time to time for some of them. The range of therapeutic solutions is wide: from ointments to different types of light therapy treatments to systematic medicine and, lately, to biological treatments.

Should you have any questions regarding treatments in Harkány or the registration, please contact the Harkány Psoriasis Centre: Zsigmondy Vilmos Spa and Balneological Hospital of Harkány Not-for-profit Company
Harkány Psoriasis Centre (HPC)
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Spa treatment is one of the oldest therapeutic solution. The spa cleans the skin, removes the traces of previous ointments. It is suitable for the removal of scales, crusts, or through adding antiseptic agents for the treatment of the superinfected skin lesions and the hydration of the stratum corneum. The spa removes the irritants and allergens

from the skin surface, and after the spa treatment, the concentration of the ointments used in the dermatological treatment and the amount of UV light can be reduced. The spa treatment is widely used in the modern combined psoriasis therapy as well – in Harkány, the salts dissolved in the water and the sulphuric gas contained in and



The cooperating partners of the HPC provide high-quality health tourism services for visitors arriving in Harkány. The professional medical background is primarily provided by the Zsigmondy Vilmos Spa and Balneological Hospital of Harkány, while accommodation and high standard relaxation are provided for visitors seeking medical treatment by the partners involved as accommodation providers. Opportunities for leisure and family activities are ensured by the Harkány Spa and Open-air Bath with an area of 13.5 hectares and the Harkány Tourism Association. The dominant coordinating member of the merger is the Municipality of Harkány

released from the fresh water is absorbed through the skin and the respiratory epithelium, thus supporting the healing of skin lesions.

The Zsigmondy Vilmos Spa and Balneological Hospital

In the Zsigmondy Vilmos Spa and Balneological Hospital of Harkány, the central institution of HPC, the treatment of patients with psoriasis takes place using the elements of natural spa treatments and classic dermatologic therapy. The complex treatments are centred around the spa pools of fresh thermal water gained from the thermal wells through the closed system.

The treatments require 2 to 3 weeks, in the first intensive phase of which the Spa and Balneological Hospital provides the





accommodation and appropriate treatments. The standard of accommodation provided is equivalent to that of a three-star hotel.

The Spa and Balneological Hospital of Harkány and thus Harkány city will be enhanced by a brand new hospital wing with standards equivalent to that of a three star hotel in the spring of 2014, co-financed by the European Union within a greenfield investment. 45 double rooms, with en-suite bathrooms will be placed in the four-storey building, primarily for the domestic and foreign patients treated with psoriasis.

On the ground floor of the building, a kitchen, equipped suitably



for the contemporary requirements with energy efficient devices, and next to it the Hospital's new restaurant will be established. In the building, the dermatology and dermatology-related fields will be assigned a consulting-room each, making it possible to provide full care for patients within the facility. With its own gyms, massage rooms, tangentor (underwater jet massage) bathtubs, galvanic operator, electrotherapy rooms the facility provides a unique package of services among the rehabilitation hospitals.

The medical devices of the new hospital wing, required for the patients' treatment are also purchased within the framework of the

tender of identification number DDOP-2009-2.1.1 /E. Naturally, in addition to the modern buildings and the equipment, the range of professionals, with experience of many decades within the field of health care, is maintained and further enhanced. The physicists, nurses and hospital staff involved will participate in a number of trainings to keep their skills up to date, as that they can exploit the potential of the devices used to treat the patients to a maximal extent and they can provide the human support and care necessary for healing. The thermal water of Harkány cannot be omitted from the services and values of the new hospital wing either, because the underground national and natural resource has been providing a background for the unique therapy for decades.

The Spa and Open-air Bath of Harkány

The spa boasts with nearly two hundred-year old tradition due to its world fame thermal water, which, in its composition and therapeutic mechanism, has not changed over the centuries, and which, by now has been enjoyed by almost 100 million people. Natural water with similar efficiency in the treatment of psoriasis can be found the closest to Europe in the Dead Sea.

The 13 and a half hectare spa area, which is supplied by 4 wells with a water temperature of 62°C, and 2 wells with a temperature of 22°C has a capacity of admitting more than 15 000 people per day. It has both indoor and outdoor pools, one of the latter can even be used in winter. With respect to the fact that due to the very strong effect of the thermal water swimming is contraindicated in it, the spa pools were created with built-in benches. Among the refreshing facilities of the pool, sauna, refreshing- and foot massage, underwater jet massage and spa pool are also available. The active recreation of the guests is ensured by many sports fields, a giant slide, a baby-mommy-park and several snack stands around the spa area. In the building of the spa, a high-standard, Mediterranean pool can be found, featuring a scenery decorated with ornamental plants, it has a water surface of 80 m², and saunas, steam rooms, relaxing spa pool and Jacuzzi tubs are waiting for the visitor wishing healing and relaxation.

The spa has an independent, high quality, medical department managed by a rheumatology specialist to assist the cure and care of HPC customers by its capacity. Our services include Lymph drainage, fizzy bath, underwater jet massage, medical gymnastics, water, mud therapy, massage, physiotherapy and electrotherapy, as well as a number of naturopathic treatments and indulgent massages are at our guests' disposal as well.

Ametiszt Hotel Harkány***

Ametiszt Harkány Hotel is located in the heart of the city, next to the Spa and the Hospital, in a quiet and peaceful Mediterranean-style street of the town.

The hotel features colourful gardens, inviting to relax, as well as 23 double rooms and 4 triple rooms, two pairs of which can be opened together to form double rooms for larger families.

The rooms are designed to be comfortable and cosy, have hardwood floors, and each comes with a TV, refrigerator, safe, bathroom and hairdryer, most of them feature a terrace with furniture.

The services of the Hospital are available from the hotel. Guests can find personalized offers and services, they all receive detailed information on the nearby attractions, and even an airport transfer can be arranged for international guests, if required.



 **Ametiszt Hotel Harkány**
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Komfort Hotel Platán***

The newly renovated hotel is a 400 meters walk from the Spa, guests looking to heal or regenerate can find the hotel in a peaceful and idyllic green belt. It offers accommodation for 130 people. Guests, a large portion of whom are regulars, are catered for by a competent and attentive staff.





Its 63 rooms are accessible by elevator, so people with disabilities have no problem accessing them. Its single - double - and triple rooms come with a large balcony and a bathroom equipped with shower cabins. Fridge, telephone, Wi-Fi access and television facilities add to the comfort of the guests. Rooms are furnished and beds are designed taking into consideration the convenience of the guests with musculoskeletal complaints.

The restaurant, with seats for 80, can be opened together with a separate multi-purpose conference room, complete with a terrace popular in the summer. The kitchen provides the guests with a selection based on such Hungarian dishes, which have achieved success in Europe. In addition to basic facilities, the hotel offers free and guarded parking, and a massage facility. The competitiveness of the hotel, classified in the midscale category, is ensured by its good value for money ratio.



Komfort Hotel Platán

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Dráva Hotel Thermal Resort****

Dráva Hotel Thermal Resort can be found in Harkány, in a quiet yet conveniently located part of the city, in the immediate vicinity of the Spa. The four-star spa hotel opened in the summer of 2008, with a range of facilities to satisfy all needs – with rooms equipped with air conditioning, individual heating control, LCD TV, mini bar, shower/bath, safe, electric kettle, hairdryer, bathrobes and telephones, some of them featuring a balcony.



For its guests, the hotel offers 88 single and double rooms of different categories, as well as rooms/suites with the option of extra beds, two of which are available for people with reduced mobility. The entire hotel is accessible for wheel chair users, Internet access is provided through Wi Fi or wired connection options. Exclusive, CCTV-monitored parking is available for guests. The air-conditioned restaurant, which can be divided into four separate halls, offers a buffet and a la carte meals with a room service option.

Beside the spa and the fitness centre, the facilities of the Hospital are also available in the hotel, such as the spa tub, spa massages, body masks and light therapy – guests can enjoy pampering massages and baths as well.



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Thermal Hotel Harkány****

Guests of Thermal Hotel Harkány medical-, spa- and conference hotel will find it with its 131 standard and superior category rooms in a 3 hectare landscaped park, close to the city centre and the local spa, situated in the most peaceful part of the town.





As the largest and only hotel in the South Transdanubian region with an independent medical department, it also caters for patients arriving for spa treatment directly. Its medical department offers a therapeutic program unique in the region to treat rheumatism and psoriasis problems, it provides high quality treatments with constant medical supervision and skilled professional staff, using the hotel's own indoor and outdoor spa pools.

The two air-conditioned restaurants of the hotel offer a large and varied selection of meals, with special dishes for vegetarians, and guests with food allergies or following a special diet. The selection is complete with excellent wines from the nearby Villány wine region. Those looking for a relaxing spa experience, may be interested in the 2 Finnish and 1 bio sauna, infra-sauna, steam room and sun terrace facilities, the hotel also offers sports fields and bicycle rental in the summer for sports lovers.



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Termál Camping Apartments Harkány



Termál Camping Apartments Harkány opened in 2011 in its current form. The accommodation complex consists of a 5.4 hectare landscaped area with ancient trees and groves, in a popular yet quiet location, 250 m from the spa, with facilities to satisfy a variety of needs.

- 24 apartments (2 of which are designed for people with reduced mobility)
- 5 bungalows
- 6 double hotel rooms
- 92 caravan sites with all public utilities available
- 40 tent sites - which can be extended indefinitely

In the mini cottage resort, the exclusive apartments and hotel rooms provide high standard accommodation for the guests, while the caravan and tent sites, equipped with modern facilities, provide

the opportunity of a romantic vacation for freedom lovers. The complex also includes a restaurant and a conference room, the green area is suitable for outdoor games, barbecues, and outdoor picnic. Guests seeking spa services and bathing can use the facilities of the Dráva Hotel Thermal Resort****.



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Zsigmondy Vilmos Spa and Balneological Hospital of Harkány
Not-for-profit Company (HGYSK)
Harkány Psoriasis Centre (HPC)
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3. Harkányi Gyógyfürdő Zrt.

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6. Komfort Hotel Platán

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7. Dráva Hotel Thermal Resort

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8. Ametiszt Hotel Harkány

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**Fedezze fel Dél-Baranyát,
Harkány környezetét!**

**Discover Southern Baranya,
the surroundings of Harkány!**

**Entdecken Sie Süd-Baranya,
die Umgebung von Harkány!**

**Обнаруживайте область Южной Барани,
окружение города Харкань!**

Harkány környéki kirándulási lehetőségekért keresse fel:

For hiking opportunities around Harkány, contact:

Für Ausflugsmöglichkeiten in der Umgebung von Harkány wenden Sie sich bitte an:

Для возможностей поездок в окружениях города Харкань пожалуйста поспешайте

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A projekt az Európai Unió támogatásával, az Európai Regionális Fejlesztési Alap társfinanszírozásával valósul meg.